

Kate Rodriguez

433 S. Tancagua St.
Corpus Christi, TX 78401

Phone: (361) 882-1717

Email: katerodriguezcounseling@gmail.com

EDUCATION

Doctor of Philosophy, Counselor Education.

Texas A&M University – Corpus Christi
Expected Graduation May 2014

Master of Science, Marriage and Family Counseling.

Texas A&M University – Corpus Christi
Graduated August 2010

Bachelor of Arts, Psychology.

Minor in Political Science
The George Washington University
Graduated May 2006

LICENSURES AND CERTIFICATIONS

Licensed Professional Counselor Supervisor, State of Texas. February, 2014.
License #68957

National Certified Counselor, National Board of Certified Counselors. May, 2012.

National Certified Forensic Mental Health Evaluator. April, 2020.
License #000152

Certified Forensic Counselor, National Association of Forensic Counselors. November, 2014.

RELATED EMPLOYMENT AND INTERNSHIP

Co-Founder/Counselor

April 2020-Present

Youvolve Healing Center, PLLC

- Clinical director for therapists and interns
- Business management
- Collaborate with co-founder and therapists for optimal healing solutions for clients
- Design and present continuing education for various professionals
- Community outreach and public speaking

Director of Licensed Counseling Services

Assistant Director of Clinical Operations

February 2021-Present

MediMental Care

- Responsible for handling personal injury cases with primary diagnosis of depression, anxiety disorder, adjustment disorder, or non-complex post-traumatic stress disorder
- Serves as the sectional Director of the Division of Traumatology and Forensic Services
- Reviews pending cases with the CEO in order to maintain the ability to handle emergency situations
- Acts as the first “upline” supervisor of clinical personnel who work in the Licensed Counseling Division of the company.

Counselor/Owner

March 2014-Present

Kate Rodriguez, LPC, PLLC

- Provide individual, couples, and family counseling services
- Forensic counselor assessments and expert witness testimony
- Provide parent facilitation/coordination services to families who are referred through the court system
- Collaborate with medical professionals to meet the therapeutic needs of clients who seek help

Adjunct Professor

August 2019-Present

Texas A&M University – Corpus Christi

- Teach Master’s Level Classes
- Instructor for Introduction to Clinical Mental Health Counseling and Clinical Mental Health Strategies

Counselor Supervisor

August 2018-Present

West Oso School District/Munguia and Assoc.

- Provide individual and group counseling sessions to students
- Provide supervision with counseling/psychology interns
- Collaborate with school staff to meet the needs of students

Clinician

May 2013 – October 2013

Bokenkamp Children’s Shelter

Lutheran Social Services of the South

Idolina Garza, LPC-S

- Provided individual and group counseling to unaccompanied immigrant children
- Established and maintained relationships with staff and residents
- Met the therapeutic needs of the residents living in the shelter

Graduate Teaching Assistant

September 2011 – May 2014

Texas A&M University Corpus Christi

Marvarene Oliver, EdD.

- Supervised Counselor Educator M.S. students at the university training clinic
- Collaborated with counseling interns to perform clinical assessments and developed treatment plans
- Completed continual supervision through use of video-monitoring and triadic/individual sessions
- Taught Counselor Educator M.S. students in practicum and developmental classes

Counselor Intern

August 2011-May 2013

Student Learning Guidance Center

Corpus Christi Independent School District

Eunice Lerma, Ph.D.

- Provided a wide range of counseling and psychological services to children and adolescents while attending the DAE program
- Facilitated group therapy sessions using Dialectical Behavior Therapy techniques that provided clients with skill sets designed to minimize and prevent confrontations
- Developed and implement treatment plans based on clinical experience and knowledge
- Collaborated with teachers, counselors, and staff to identify students' needs
- Collected and entered data for research conducted on location

Counselor

February 2012-May 2013

Bishop Garriga Middle School

Catholic Diocese of Corpus Christi

Mario Vasquez, M.S.

- Provide a wide range of counseling and psychological services to children and their families attending the school
- Facilitate group therapy sessions that promote insight and understanding of conflict and provide clients with skill sets designed to minimize and prevent confrontations
- Develop and implement treatment plans based on clinical experience and knowledge
- Prepare and maintain all required treatment records and reports
- Collaborate with teachers and staff members to develop treatment plans
- Act as client advocate by coordinating required community services and appropriate referrals

Community Counselor Intern

February 2012- July 2012

Antonio E. Garcia Arts and Education Center-Miller High School

Texas A&M University – Corpus Christi

Roberto Garcia, Ph.D.

- Provided counseling and psychological services for students attending Miller High School
- Developed and implemented treatment plans based on clinical experience and knowledge
- Developed and implemented Leadership Program for students
- Acted as a client advocate by coordinating required community services

Campus Director

July 2009-July 2011

Premier High School

Responsive Education Solutions-Corpus Christi

Lupe Gonzalez, M.S.

- Directly oversaw the operation of the middle school and high school staff including teachers, custodians, and food service employees
- Managed academic programs according to the charter mission and goals
- Promoted and encouraged the success of every student by facilitating the development, articulation, implementation, and stewardship of a vision of learning that is shared and supported by students, their parents, the community, peers, administrative staff, Campus Directors, Superintendents, and Responsive Education Solutions School.

Counselor Intern

November 2009-August 2010

The Women's Shelter of South Texas

Corpus Christi

Paulette Mayer, M.S.

- Provided counseling and psychological services for women and children who are victims of domestic violence
- Developed and implemented treatment plans based on clinical experience and knowledge
- Co facilitated wellness and psycho educational groups for victims of domestic violence
- Acted as a client advocate by coordinating required community services and attending court if needed

RELATED TRAININGS AND DEVELOPMENT

- Theories of Counseling and Supervision, February 2021
- Ethics Technology and Supervision, January 2021
- Fitness for Duty: How to Assess Law Enforcement and First Responders, August 2020
- Conducting Forensic Evaluations Outside the Traditional Office Settings: Considerations for In-Home Services and Telehealth, July 2020.
- Parental Alienation Syndrome How to Assess the Brainwashed Child for Court, July 2020.
- Diagnostic Assessment, 30 Contact Hours, June 2020.
- Telehealth for mental Health Professionals: 2-Day Distance Therapy Training, March, 2020
- National Board of Forensic Evaluators Forensic Mental Health Evaluation Certification Training, February 2020.
- Association of Family and Conciliation Courts, Critical Issues in Child Custody, November 2019
- Introduction to Immigration Evaluations, August 2019
- Anxiety, Worry, & Panic: Effective Strategies to Calm the Anxious Mind, June 2019
- Licensed Professional Counselor Supervisor Training, July 2019
- National Forensic Counselor Conference, October 2017
- Therapy in the Courtroom: Legal and Ethical Issues, October 2016
- Texas Counselor Association Leadership Training, June 2016
- Crimes Against Children Annual Conference, August 2015
- Alternative Dispute Resolution, 41 hour training program, A.D.R. Services International. June 23, 2014.
- Parent Facilitation Training, Cooperative Parenting Institute. Dallas, TX. October 2-4, 2013.
- Parenting Coordination/Facilitation: Interventions for High Conflict Families. Dallas, TX. September 30-October 1, 2013.

- Gulf Coast Counseling Association Winter Workshop. Corpus Christi, TX. April 28, 2012
 - American Counseling Association 2012 Conference and Exposition. San Francisco, California. March 21-25, 2012
 - Counselors' Institute of the Rio Grande Valley Counseling Association, Rio Grande Valley Counseling Association, South Padre, TX. January 25-27, 2012.
 - Association of Counselor Education and Supervision 2012 Conference. Nashville, Tennessee. October 26-1, 2011.
-

ORGANIZATIONAL AFFILIATIONS

- American Counseling Association
 - Texas Counseling Association
 - National Board of Certified Counselors
 - Forensic Counseling Association
 - Association of Family and Conciliation Courts
 - Leadership Corpus Christi, Corpus Christi United Chamber of Commerce
-

TEACHING EXPERIENCE

Master's Level Adjunct Professor at Texas A&M University Corpus Christi

- INTRODUCTION TO CLINICAL MENTAL HEALTH COUNSELING
- CLINICAL MENTAL HEALTH COUNSELING STRATEGIES
- STRATEGIES IN MULTICULTURAL COUNSELING

Master's Level Teaching Assistant at Texas A&M University Corpus Christi:

- PRACTICUM
 - DEVELOPMENTAL ISSUES IN HUMAN PERSONALITIES AND BEHAVIOR
 - COUPLES COUNSELING AND DEVELOPMENT
-

SCHOLARLY AND CREATIVE ACTIVITIES

Dissertation

Rodriguez, K. (2014). The Perceived Impact of Study Abroad Activities for Graduate Counseling Students. *Dissertation*.

Trainings

Rodriguez, K. (Author & Presenter). "Self-Harm and Unhealthy Coping." Upbring Foster in Texas: Trauma Informed Conference. Corpus Christi, TX (November 2017)

Rodriguez, K. (Author & Presenter). "Self-Harm and Unhealthy Coping." CASA training program for volunteers, Corpus Christi, TX (April 2017)

Presentations

Rodriguez, K. (Author & Presenter), Wiley, M (Author & Presenter). "Managing Stress & Expectations." Gulf Reach Institute, Virtual Session. (August 2020)

Rodriguez, K. (Author & Presenter). "Suicide Prevention." 2nd Annual Health & Safety Conference. Education Service Center 2, Corpus Christi, TX. (February 2020)

Rodriguez, K. (Author & Presenter). "New Year, New You! What's Really Different? Self-Care for Attorneys in 2020." Coastal Bend Women Lawyers Association. Corpus Christi, TX (January 2020)

Rodriguez, K. (Author & Presenter), Herrero, D. (Author & Presenter). "Its Not About Politics, Its About Humans." National Forensic Counseling Association, Las Vegas, NV. (October 2017)

Rodriguez, K. (Author & Presenter), Chavez, M. (Author & Presenter). "Legally Speaking, Self-Care is a Must." Women Lawyer Association, Corpus Christi, TX. (July 2017)

Herrero, D. (Author & Presenter), Rodriguez, K. (Author and Presenter). "Its Not About Politics, Its About Humans," Texas Counseling Association, Dallas, TX. (November 2016)

Rodriguez, K. (Author & Presenter), Herrero, D. (Presenter). "Using DBT Skills with At-Risk Youth in a Group Setting," Gulf Coast Counseling Association, Corpus Christi, TX. (December 2012)

Rodriguez, K. (Author & Presenter), "The Stress of Deportation," Texas Counseling Association, Professional Growth Conference, Galveston, TX. (November 2012)

Rodriguez, K. (Author & Presenter), Herrero, D. (Presenter). "The Stress Faced by Undocumented Immigrants," Gulf Coast Counseling Association, Corpus Christi, TX. (April 2012)

Herrero, D. (Author & Presenter), Rodriguez, K. (Presenter). "The Supply and Demand of Humans; Mending the Fragile and Broken Pieces," Gulf Coast Counseling Association, Corpus Christi, TX. (April 2012)

Shoelen, L. (Author & Presenter), Rodriguez, K. (Author & Presenter), "Shifting the Tide of Client Ambivalence: Empowering Change Talk...", Counselors' Institute of the Rio Grande Valley Counseling Association, Rio Grande Valley Counseling Association, South Padre, TX. (January 2012).

VOLUNTEER EXPERIENCE/COMMUNITY CONTRIBUTIONS

Saint Patrick's Day Festival. Vendor organizer, volunteer coordinator, and community outreach. 2013-present.

Publishing Committee; Junior League of Corpus Christi. Committee Chair. Collaborated with committee, sponsors, and organizations to publish TIDES. 2017.

Kid's in the Kitchen; Garcia Art Center. Volunteer. 2012-2017

Story Time Committee; Junior League of Corpus Christi. Created program for furthering literacy and cognitive skills in the community. 2015

Ride-In Theatre Committee. Worked with non-profit organization to raise awareness of their cause and raise money for local organizations. 2014-2015

Helping Hands Committee; Junior League of Corpus Christi. Develop and execute projects for local non-profit organizations. 2012-present.

Committee Member. Early Childhood Initiative Project; United Way of the Coastal Bend. 2013 to present.

Doctoral Student Supervisor; Texas A&M University – Corpus Christi Counseling and Training Clinic. Supervise master's level students through their training as counselor interns. Fall 2012

Study Abroad: Leadership & Pedagogy, Texas A&M University –Soltis Center. Through cultural immersion, led master's level students in exploring multiculturalism through service learning, and research. Summer 2012, San Isidro de Penas Blancas, Costa Rica

NBCC Mental Health Facilitator Training in Moshi, Tanzania. Assisted Dr. Judith Green in the MHF training of catholic priests. Summer 2012

Student and School Liaison for Cinderella's Closet, Corpus Christi, TX. Assist Junior League of Corpus Christi in allocating funds to students in need. Summer 2012 to present.

Glide Daily Free Meals Program; Counselors for Social Justice – American Counseling Association 2012 Conference and Exposition, Provided meals to those who are homeless or are in need. March 21, 2012, San Francisco, California

Chicas Rock and Turntable Academy, Fighting to Rid Gangs in America Foundation, Providing programs to increase self-esteem in children and young adults while also providing a safe haven for them to stay off the streets. Summer 2011.

Director of Programs, Fighting to Rid Gangs in America Foundation, Organizing programs to help the at-risk youth and families in the local community. Summer 2006 to 2012.