

James P. Ikonomopoulos

Assistant Professor
Texas A&M University-Corpus Christi
Department of Counseling and Educational Psychology
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Educational Background

<i>Texas A&M University-Corpus Christi</i> (CACREP Accredited) Ph.D. Counselor Education	2014
<i>Texas A&M University-Corpus Christi</i> (CACREP Accredited) M. S. Clinical Mental Health Counseling	2010
<i>Texas A&M University-Corpus Christi</i> B. A. Psychology	2008
<i>McHenry County College</i> A. S. Biology	2005

Licensure and Credentialing

Licensed Professional Counselor Supervisor (Texas 67746)
Qualified Mental Health Provider-Community Services (Texas)
Competency Certified Cognitive-Behavioral Therapist – Academy of Cognitive Therapy

Related Employment and Clinical Practice Experience

Assistant Professor Texas A&M University-Corpus Christi Department of Counseling and Educational Psychology Dr. Joshua Watson	August 2020 – Present
Assistant Professor Texas A&M University-Kingsville Department of Educational Leadership & Counseling	August 2017 – June 2020

Dr. Steve Bain

Assistant Professor

August 2014 – August 2017

University of Texas Rio Grande Valley
Department of Counseling and Guidance
Dr. Cynthia Wimberly

Lecturer

January 2014 – August 2014

University of Texas at Brownsville
Dr. Olivia Rivas

Program Supervisor

October 2013 – December 2013

Behavioral Health Center of Nueces County- TCOOMMI Program
Annie Arredondo-Fox, M.S., LPC

Clinical Mental Health Counselor

September 2011- October 2013

Behavioral Health Center of Nueces County- Youth Services
Charles Smith, Ph.D.

Teaching Assistant

August 2011- June 2013

Texas A&M University-Corpus Christi
Counseling and Educational Psychology Department
Robert Smith, Ph.D.

Lead Counselor

September 2013

Antonio E. Garcia Arts and Recreation Center
Gilda Ramirez, Ph.D.

Doctoral Clinical Supervisor

2012

Doctoral Supervision for Master level Practicum Counseling Students
Robert Smith, Ph.D.

Clinical Case Manager

September 2008- September 2011

Behavioral Health Center of Nueces County- Youth Services
America Leal, M.S.W.

Related Internship Experience

Counseling and Training Clinic

January 2010 – Dec 2010

Texas A&M University- Corpus Christi
Community Counseling Clinic

A. Stephen Lenz, Ph.D., LPC.

Teaching and Related Responsibilities

Graduate & Doctoral Courses: Texas A&M University-Corpus Christi

Consultation Theory & Professional Advocacy (Doctoral)

Fall 2022

Psychometrics	Fall 2022
Psychodiagnosis and Treatment Strategies	Fall 2022
Clinical Mental Health Counseling Strategies	Summer 2022
Integrated Behavioral Healthcare	Summer 2022
Psychometrics	Spring 2022
Psychodiagnosis and Treatment Strategies	Spring 2022
Psychometrics	Fall 2021
Psychodiagnosis and Treatment Strategies	Fall 2021
Diversity in Counselor Education (Doctoral)	Summer II 2021
Psychodiagnosis and Treatment Strategies	Summer I 2021
Addictions Counseling	Summer I 2021
Psychodiagnosis and Treatment Strategies	Spring 2021
Consultation Theory & Professional Advocacy (Doctoral)	Spring 2021
Psychometrics	Spring 2021
Psychodiagnosis and Treatment Strategies	Fall 2020
Clinical Mental Health Counseling Strategies	Fall 2020
Psychometrics	Fall 2020

Graduate Courses: Texas A&M University-Kingsville

Research in Counseling	Spring 2020
Substance Abuse & Addictions Counseling	Spring 2020
Counseling Internship I	Spring 2020
Counseling Internship II	Spring 2020
Research in Counseling	Fall 2019

Substance Abuse & Addictions Counseling	Fall 2019
Counseling Internship	Fall 2019
Research in Counseling	Summer 2019
Substance Abuse & Addictions Counseling	Summer 2019
McNair's Scholars Research Course	Summer 2019
Counseling Internship	Summer 2019
Counseling Practicum	Summer 2019
Marriage and Family Counseling	Spring 2019
Internship I and II	Spring 2019
Introduction to Research	Spring 2019
Introduction to Research	Fall 2018
Substance Abuse & Addictions Counseling	Fall 2018
Rural/Community Mental Health	Fall 2018
Crisis Counseling	Summer I 2018
Introduction to Research	Summer II 2018
Introduction to Research	Spring 2018
Substance Abuse & Addictions Counseling	Spring 2018
Counseling Practicum	Spring 2018
Career Counseling	Fall 2017
Crisis Counseling	Fall 2017
Counseling Practicum	Fall 2017
Advisement: Texas A&M University-Kingsville	Fall 2014-Present
Advise approximately 20-25 students annually	

Graduate Courses: University of Texas at Brownsville/Rio Grande Valley

Introduction to Guidance and Counseling	Spring 2014
Personal Growth and Development	Spring 2014
Counseling Internship I	Spring 2014
Intro to Marriage and Family Therapy	Summer I 2014
Foundations of Community Counseling	Summer I 2014
Child and Adolescent Counseling	Summer II 2014
Psycho-Educational Assessment	Summer II 2014
Counseling Practicum – Community Counseling	Fall 2014
Counseling Practicum – School Counseling	Spring 2015
Theories of Psychotherapy	Spring 2015
Topics in Counseling and Guidance – Narrative Therapy	Spring 2015
Theories of Psychotherapy	Summer 2015
Counseling Internship I	Summer 2015
Counseling Internship II	Fall 2015
Assessment of Counseling and Development	Fall 2015
Counseling Internship I	Spring 2016
Counseling Internship II	Spring 2016
Assessment of Counseling and Development	Spring 2016
Intro to Marriage and Family Therapy	Spring 2016
Thesis	Spring 2016
Counseling Internship II	Summer 2016
Assessment of Counseling and Development	Summer 2016

Thesis	Fall 2016
Counseling Internship I	Fall 2016
Assessment of Counseling and Development	Fall 2016
Career Counseling	Spring 2017
Counseling Practicum – Clinical Mental Health	Spring 2017
Thesis	Spring 2017
Counseling Internship I	Summer 2017
Counseling Internship II	Summer 2017
Career Counseling	Summer 2017

Experience as a Teaching Assistant: Texas A&M University-Corpus Christi

Introduction to Marriage, Couple, and Family Counseling	Spring 2013
Counseling Theories	Spring 2013
Practicum	Fall 2012
Internship	Summer I & II 2012
Introduction to Counseling	Spring 2012
Developmental Issues in Human Personality & Behavior	Fall 2011

Advisement: University of Texas Rio Grande Valley Fall 2014-Present

Advise approximately 10-15 students annually

Scholarship

Dissertation

Ikonomopoulos, J. *Narrative Therapy with Youth at a Juvenile Boot-Camp Facility: A Single-Case Research Design*

Publications

Book Chapters

Ikonomopoulos, J., Garza, K., Liang, Y., & Furgerson, K. *Delivering Effective Treatment in Rural Regions*. In: Munoz, S.A. & Bain, S (2020). *Mental Health and Wellbeing in Rural Regions: International Perspectives*. New York, NY: Routledge.

In Review;

Book, Chapter in Textbook-New

Williams, A., **Ikonomopoulos, J. P.,** Ikonomopoulos, C. Chapter 3: Understanding the Continuum of Client Care, Laws, and Liability Management. *Practical Approaches to Crisis and Trauma Counseling Settings: Prevention, Assessment, and Intervention*.

Refereed Journal Articles

Himmelberger, K., **Ikonomopoulos, J.,** and Vela, Javier Cavazos (2022). Evaluating the Impact of Solution Focused Brief Therapy on Hope and Clinical Symptoms with Latine Clients. *The Professional Counselor: Vol. 12: Iss. 3*, 185-197

Ikonomopoulos, J., Garza, Kristopher; and Vela, Javier Cavazos (2022). Exploring the Impact of a Brief Counseling Intervention for Improving Mental Health Factors and Learning Strategies among College Students at an HSI. *Journal of Academic Underperformance: Vol. 1: Iss. 1, Article 3*. <https://egrove.olemiss.edu/jau/vol1/iss1/3>

Ikonomopoulos, J., Garza, K., Weiss, R., & Morales, A. (2020). Examination of Treatment Progress Among College Students in a University Counseling Program. *Counseling Outcome Research & Evaluation, 12*, 30-42.

Cavazos Vela, J., Fisk, J., & **Ikonomopoulos, J.** (2019) Exploring Clinical Mental Health Counseling students' perceptions of teaching practices. *Teaching and Supervision in Counseling, 1*, 6-18

Cavazos Vela, J., Garcia, C., Whittenberg, J., **Ikonomopoulos, J.,** & Gonzalez, S. (2019) Exploring the impact of a positive psychology intervention with latina/o adolescents. *Journal of School Counseling, 17*, 1-23

Cavazos Vela, J., **Ikonomopoulos, J.,** Garcia, C., Whittenberg, J., Gonzalez, S. L. (2019) Integrating wellness within group counseling for Latinx adolescents. *Journal of School Counseling, 17*, 23-31

Lerma, E., Wright, A., **Ikonomopoulos, J.,** Hinojosa, Y., & Cavazos Vela, J. (2018). Examining the impact of a positive psychology intervention with survivors of intimate partner violence. *Journal of Counseling Research and Practice, 3*, 72-85.

- Ikonomopoulos, J.,** Lenz, A. S., Aguilar, A., & Guardiola, R. (2017). Evaluation of the Outcome Questionnaire-45.2 with a Mexican-American Population. *Journal of Professional Counseling, 44*, 16-31.
- Cavazos Vela, J., Lerma, E., & **Ikonomopoulos, J.** (2017). Evaluation of the Life Satisfaction and Subjective Happiness Scales with Mexican American High School and College Students. *Hispanic Journal of Behavioral Sciences, 39*, 34–45.
doi: 10.1177/0739986316681298
- Ikonomopoulos, J.,** Cavazos Vela, J., Sanchez, M., Vela, P., Schmidt, S., & Catchings, C. (2017). Evaluating the Effects of Creative Journal Arts Therapy for Survivors of Domestic Violence. *Journal of Creativity in Mental Health.*
- Cavazos Vela, J., **Ikonomopoulos, J.,** Lenz, A. S., Hinojosa, Y., & Saldana, K. (2017). Evaluation of the Meaning in Life Questionnaire and Dispositional Hope Scale With Latina/o Students. *Journal of Humanistic Counseling.* (acceptance rate is 15%; Journal Impact Rating is 0.81).
- Cavazos Vela, J., **Ikonomopoulos, J.,** Dell A Quila, J., & Vela, P. (2016). Evaluating the Impact of Creative Journal Arts Therapy for Survivors of Intimate Partner Violence. *Counseling Outcome Research and Evaluation.* 1-13. doi: 10.1177/2150137816664781
- Ikonomopoulos, J.,** Cavazos Vela, J., Smith, W., & Dell'Aquila, J. (2016) Examining the practicum experience to increase counseling students' self-efficacy. *The Professional Counselor, 6*, 161-173. doi:10.15241/ji.6.2.161
- Cavazos Vela, J., Cavazos, A. G., **Ikonomopoulos, J.,** Hinojosa, K., & Waddle, C. (2016). The impact of individual, interpersonal, and institutional factors on Latina/o students' mental health. *Wisconsin Counseling Journal, 29*, 3-15
- Cavazos Vela, J., Sparrow, G. S., **Ikonomopoulos, J.,** Gonzalez, S. L., & Rodriguez, B. (2016). The role of character strengths and family importance on Mexican American college students' life satisfaction. *Journal of Hispanic Higher Education.*
doi: 10.1177/1538192716628958 (acceptance rate is 57%; Journal Impact Rating is 0.71).
- Cavazos Vela, J., **Ikonomopoulos, J.,** Hinojosa, K., Gonzalez, S. L., Duque, O., & Calvillo, M. (2016). The impact of individual, interpersonal, and institutional factors on Latina/o college students' life satisfaction. *Journal of Hispanic Higher Education, 15*, 260– 276.
doi:10.1177/1538192715592927 (acceptance rate is 57%; Journal Impact Rating is 0.71).
- Cavazos Vela, J., Johnson, M. B., Castro, V., **Ikonomopoulos, J.,** & Gonzalez, P. (2015). College instructors' perceptions of differentiating factors between successful and less successful Latina/o students. *In ideas and research you can use: VISTAS online.*
Retrieved from <http://www.counseling.org/knowledge-center/vistas>
- Ikonomopoulos, J.,** Smith, R.L., & Schmidt, C. (2015). Integrating narrative therapy within

rehabilitative programming for incarcerated adolescents. *Journal of Counseling and Development*, 93, 460-470. doi: 10.1002/jcad.12044 (Journal Impact Rating is 1.47).

Cavazos Vela, J., Gonzalez, S., **Ikonomopoulos, J.**, Nelson, V., & Dorado, N. (2014). Secondary school counselors' perceptions of important skills and knowledge to work with Latina/o students. *Arizona Counseling Journal*. 28, 1-12.

Cavazos Vela, J., Johnson, M. B., **Ikonomopoulos, J.**, Cavazos, L., & Gonzalez, S. L. (2014). The relation of barriers, acculturation, and goals on Latina/o students' academic performance. In *ideas and research you can use: VISTAS 2014*. Retrieved from <http://www.counseling.org/knowledge-center/vistas>

Manuscripts in Preparation

Ikonomopoulos, J., Hollenbaugh, M., & Mincey, K. Examining the effectiveness of the STEADY teen workbook for reducing depressive symptoms in adolescents.

Ikonomopoulos, J., & Hollenbaugh, M. Examining predictors of incarceration in juvenile justice involved youth.

Ikonomopoulos, J., & Garza, K., *Reducing Academic Distress and Psychological Symptoms for Mexican-American College Students in a Rural University*.

Ikonomopoulos, J., & Garza, K., *Improving Academic Achievement and Mental Health among Mexican-American College Students in a Rural University*.

Ikonomopoulos, J., & Garza, K., *Efficacy of the DAAPP Program Amongst College Students in a Rural University Health and Wellness Center*.

Ikonomopoulos, J., & Garza, K., *Reducing Academic Distress and Psychological Symptoms for Mexican-American College Students in a Rural University*.

Ikonomopoulos, J., & Garza, K., *Improving Academic Achievement and Mental Health among Mexican-American College Students in a Rural University*.

Book Chapters In Progress

Williams, A., **Ikonomopoulos, J.**, Ikonomopoulos, C. *Chapter 3: Understanding the Continuum of Client Care, Laws, and Liability Management*. In: Flamez, B., & Lenz, A.S. (2021). *Practical Approaches to Crisis and Trauma Counseling Settings: Prevention, Assessment, and Intervention*. New York, NY: Routledge.

Grant Activity (Funded)

Hollenbaugh, M., **Ikonomopoulos, J.**, Watson, J., Garcia, T., & Ricard, R (2021). *Expanding Integrated Behavioral Health Services: Texas Counselors and Healthcare Integration Program (Tex-CHIP)*. HRSA-21-089. Funds Requested: \$1,919,026.00

Watson, J., Hollenbaugh, M., Park, G., Sharpe, T., Ayala, C., & **Ikonomopoulos, J** (2021). *Garrett Lee Smith (GLS) Campus Suicide Prevention Grant: Islander Suicide Prevention through Education, Awareness, and Knowledge (I-SPEAK)*. Substance Abuse and Mental Health Services Administration (SAMHSA) SM-21-003. Total = \$610,103.00

Ikonomopoulos, J., Garza, K., & Rosenbaum, L. *Narrative Therapy Training Program. Student Engagement Through Service Learning*. Texas A&M University-Kingsville. (January 2018 – August 2018). Total = \$7,200

Currently Under Review

Texas A&M University-Corpus Christi

Lopez, Hugo (Principal), **Ikonomopoulos, James Peter** (Co-Principal), "Identifying behavioral barriers to hypertension self-care for Hispanic males," Sponsored by Research Enhancement, \$5,000.00. (2021 - Present).

Grant Activity (Not Funded)

Cavazos Vela, J. (PI), Lerma, E. (Co-PI), & **Ikonomopoulos, J.** (Co-PI). Examining the Impact of a Positive Psychology Intervention to Increase Mexican American High School Students' College Preparation. Spencer Foundation (January 14, 2016-December 15, 2016). Total = \$34,406.

Ikonomopoulos, J. Evaluation of a Recovery-Oriented Program for Incarcerated Adolescents, Hogg Foundation. (June 1, 2016-June 1, 2017). Total = \$11,863.

Cavazos, J. (P. I.), **Ikonomopoulos, J.** (Co-Principal Investigator), Sparrow, G. S. (Co-Principal Investigator), Gonzalez, S. L. (Co-Principal Investigator), & Lenz, A. S. (Co-Principal Investigator). Using an Ecological Approach to Understand Predictors of Mexican-American Adolescents' Academic Achievement. Spencer Foundation (October 1, 2015-May 31, 2017). Total = \$50,000.

Cavazos, J. (P.I.), & **Ikonomopoulos, J.** (Significant Contributor). The Role of Positive Psychology Factors on Subjective Well-Being and Psychopathology among Mexican American Adolescents, Hogg Foundation (June 1, 2015-June 1, 2016). Total = \$19,250.

Cavazos Vela, J. (P.I.), & **Ikonomopoulos, J.** (Co-PI). Evaluation of a Recovery-Oriented Peer Support Program for Youth in Juvenile Boot-Camp Facilities, Hogg Foundation. (June 1, 2015-June 1, 2016). Total = \$29,500.

Professional Presentations

National

Ikonomopoulos, J., & Cavazos Vela, J. (2021, September) A Review of Data Analysis Procedures for Single-Case Research Designs. Lecture session presented at the Association for Assessment and Research in Counseling (AARC) conference in Cincinnati, Ohio.

Green-Johnson, F., & **Ikonomopoulos, J.** (2021, September) I Am Still Here! See Me. Hear Me. Help Me. Counseling Aging Adults. Lecture session presented at the Association for Assessment and Research in Counseling (AARC) conference in Cincinnati, Ohio.

Hollenbaugh, K. M., Watson, J., & **Ikonomopoulos, J.** (2021, September) Teaching Research and Assessment to Counselor Trainees: Creative approaches to making the material relatable and clinically relevant. Lecture session presented at the Association for Assessment and Research in Counseling (AARC) conference in Cincinnati, Ohio.

Ikonomopoulos, J., & Garza, K. (2019, October) Examining the Efficacy of the U-Turn Program for Reducing Anxiety and Depression amongst College Students in a Rural University. Poster session presented at the International Organization of Social Science and Behavioral Research conference in Las Vegas, Nevada.

Ikonomopoulos, J., & Garza, K. (2019, October) Examining the Efficacy of the U-Turn Program for Reducing Eating Concerns and Hostility amongst College Students in a Rural University. Poster session presented at the International Organization of Social Science and Behavioral Research conference in Las Vegas, Nevada.

Ikonomopoulos, J., & Garza, K. (2019, October) Examining the Efficacy of the U-Turn Program for Reducing Academic Distress and Alcohol Use amongst College Students in a Rural University. Poster session presented at the International Organization of Social Science and Behavioral Research conference in Las Vegas, Nevada.

Ikonomopoulos, J., & Cavazos Vela, J. (2018, September) Evaluation of the Life Satisfaction and Subjective Happiness Scales with Mexican-American College Students. Lecture session presented at the Association for Assessment and Research in Counseling (AARC) conference in Richmond, Virginia.

Ikonomopoulos, J., & Cavazos Vela, J. (2018, September) Evaluation of the Meaning in Life and Dispositional Hope Scales with Mexican-American College Students. Roundtable session presented at the Association for Assessment and Research in Counseling (AARC) conference in Richmond, Virginia.

Ikonomopoulos, J., & Cavazos Vela, J. (2018, August) Overcoming Challenges to Parent-Child Relational Problems in Rural Communities. Lecture session presented at the National

Association for Rural Mental Health Conference (NARMH) conference in New Orleans, Louisiana.

Ikonomopoulos, J., & Cavazos Vela, J. (2018, August) Integrating Wellness within Group Counseling for Latinx Adolescents. Lecture session presented at the National Association for Rural Mental Health Conference (NARMH) conference in New Orleans, Louisiana.

Ikonomopoulos, J. (2017, October). Evaluating the Impact of Solution Focused Brief Therapy with Mexican American Clients. Poster session presented at the Association for Counselor Education and Supervision (ACES) conference in Chicago, Illinois.

Ikonomopoulos, J. (2017, October). Creative Journal Arts Therapy for Survivors of Intimate Partner Violence. Poster session presented at the Association for Counselor Education and Supervision (ACES) conference in Chicago, Illinois.

Cavazos, J., Lu, M. T. P., & **Ikonomopoulos, J.** (2017) School Counselors' Perceptions of Differences between Successful and Less Successful Latina/o High School Students. Poster Session at the American Association of Behavioral and Social Sciences (AABSS) conference in Las Vegas, Nevada.

Cavazos, J., Saldana, K., & **Ikonomopoulos, J.** (2017) Evaluation of the Meaning in Life and Hope Scales with Mexican American College Students. Poster Session at the American Association of Behavioral and Social Sciences (AABSS) conference in Las Vegas, Nevada.

Ikonomopoulos, J., (2016) Evaluation of the outcome questionnaire (OQ-45.2) with a Mexican-American population. Lecture session presented at the Association for Assessment and Research in Counseling (AARC) conference in Ft. Lauderdale, Florida.

Ikonomopoulos, J., Cavazos-Vela, J., Smith, W., & Dell'Aquila, J. (2015, October). Evaluating the practicum experience to increase counseling student's self-efficacy. Lecture session presented at the Association for Counselor Education and Supervision (ACES) conference in Philadelphia, Pennsylvania.

Cavazos Vela, J., Cavazos, A. G., **Ikonomopoulos, J.**, Hinojosa, K. & Waddle, C. (2015, April). Using an ecological framework to understand Latina/o college students' mental health. Paper Session presented at the American Education Research Association (AERA) conference in Chicago, Illinois.

Cavazos-Vela, J., Johnson, M., Cavazos, L., **Ikonomopoulos, J.**, & Gonzalez, S. (2013, October). *School counselors' perceptions of working with latina/o students: A phenomenological approach*. Round table discussion presented at the Association for Counselor Education and Supervision in Denver, Colorado.

Cavazos-Vela, J., Johnson, M., Cavazos, L., **Ikonomopoulos, J.**, & Gonzalez, S. (2013,

October). *Examining predictors of academic goals among latina/o college students*. Poster presented at the Association for Counselor Education and Supervision in Denver, Colorado.

Cavazos, J., & **Ikonomopoulos, J.** (2010, November). *Clinical supervision and consultation: Experiences in a multicultural context*. Poster presented at the National Latino/a Psychological Association convention in San Antonio, Texas.

Cavazos, J., & **Ikonomopoulos, J.** (2010, November). *Using coping responses to overcome challenges to higher education: A review of the literature*. Poster presented at the National Latino/a Psychological Association convention in San Antonio, Texas.

State

Ikonomopoulos, J., Smith, R., & Schmidt, C. (2015, November). Integrating Narrative Therapy Within Rehabilitative Programming for Incarcerated Adolescents. Poster session presented at Texas Counseling Association Professional Growth Conference, Corpus Christi, TX.

Ikonomopoulos, J., Cavazos, L., Vela, P., Sanchez, M., Schmidt, C., & Catchings, C. (2015, November). Evaluating the Effects of Creative Arts Therapy for Survivors of Domestic Violence. Poster session presented at Texas Counseling Association Professional Growth Conference, Corpus Christi, TX.

Lenz, A.S., **Ikonomopoulos, J.** (2010, November). *Assessment based prevention and intervention of mental health stigma in schools*. Session presented at Texas Counseling Association Professional Growth Conference, Austin, TX.

Regional

Cavazos, J., & **Ikonomopoulos, J.** (2016, February). Using positive psychology to foster resilience. General Session presented at the 22nd Annual Counselors' Institute for the Rio Grande Valley Counseling Association, South Padre Island, TX

Ikonomopoulos, J. (2016, February). *Creative journal arts therapy for survivors of domestic violence*. Session presented at the 22nd Annual Counselors' Institute for the Rio Grande Valley Counseling Association, South Padre Island, TX

Ikonomopoulos, J. (2015, February). *Overcoming youth defiance and parent-child relational problems*. Session presented at 21st Annual Counselors' Institute for the Tip of Texas Counseling Association, South Padre Island, TX.

Schmidt, C., **Ikonomopoulos, J.** (2015, February). *Counseling Youth in Juvenile Justice Settings*. Session presented at 21st Annual Counselors' Institute for the Tip of Texas Counseling Association, South Padre Island, TX.

Ikonomopoulos, J. (2014, January). *Narrative therapy with youth at a juvenile boot-camp*

facility. Session presented at 20th Annual Counselors' Institute for the Rio Grande Valley Counseling Association, South Padre Island, TX.

Smith, W., **Ikonomopoulos, J.** (2014, January). *Are You Ph.D. Material?* Session presented at 20th Annual Counselors' Institute for the Rio Grande Valley Counseling Association, South Padre Island, TX.

Ikonomopoulos, J., & Chargois, N. (2012, December). *Defiant Youth: Overcoming Challenges to Parent-Child Relational Problems*. Session presented at the Gulf Coast Counseling Association Fall 2012 Workshop, Corpus Christi, TX.

Cavazos, J., Flamez, B., **Ikonomopoulos, J.**, & Smith, R.S. (2012, September). *The Use of Narrative Therapy to Help Latina/Latino Youth Become Resilient*. Round table discussion presented at the Southern Association for Counselor Educators and Supervisors, Savannah, Georgia.

Ikonomopoulos, J. (2012, April). *Using a Structured Cognitive Behavioral Therapy Curriculum in working with Depressed Youth*. Session presented at the Gulf Coast Counseling Association Spring 2012 Workshop, Corpus Christi, TX.

Ikonomopoulos, J., Smith, W., Castillo, Y., & Herrero, D. (2012, January). *At-Risk Youth: Perceptions from Mental Health Professionals*. Session presented at 18th Annual Counselors' Institute for the Rio Grande Valley Counseling Association, South Padre Island, TX.

Smith, W., **Ikonomopoulos, J.** (2012, January). *Overcoming Challenges to Crisis Assessment and Intervention Services when Working with Youth and Adolescents*. Session presented at 18th Annual Counselors' Institute for the Rio Grande Valley Counseling Association, South Padre Island, TX.

Smith, W., **Ikonomopoulos, J.**, & Cavazos, J. (2012, January). *How to Get into a Competitive Counselor Education Doctoral Program: Students' Perspectives*. Session presented at 18th Annual Counselors' Institute for the Rio Grande Valley Counseling Association, South Padre Island, TX.

Castillo, Y., **Ikonomopoulos, J.**, Smith, W., & Herrero, D. (2012, January). *Overcoming Personal and Academic Challenges to Higher Education: Perceptions from International Counseling Students*. Session presented at 18th Annual Counselors' Institute for the Rio Grande Valley Counseling Association, South Padre Island, TX.

Local Presentations and Invited Workshops

Evans, J., **Ikonomopoulos, J.** (2021, January) *Meeting the Needs of Juvenile Justice Involved Youth*. Invitational workshop presented at the Gulf Coast Counseling Association Chapter Meeting January 9th, 2021.

- Ikonomopoulos, J.,** Garza, K. (2020, July) *Quasi-experimental Examination of Treatment Progress among Mexican-American College Students in a University Counseling Program*. Presented at the Gulf Coast Counseling Association Summer 2020 Conference July 18-19th, 2020.
- Ikonomopoulos, J.** (2020, May) Cognitive Behavioral Therapy; The Counseling Process From Start to Finish. Invitational workshop presented at the Gulf Coast Counseling Association May 16th, 2020.
- Ikonomopoulos, J.** (2019, May) STEADY Teen workbook for treatment adolescents with depression. Invitational workshop presented at Tex-CHIP training at Texas A&M University-Corpus Christi on May 4th, 2019.
- Ikonomopoulos, J.** (2019, March) Cognitive Behavioral Therapy. Invitational workshop presented at the CASA of the Coastal Bend March 7th, 2019.
- Ikonomopoulos, J.** (2019, January) Crisis Services for Youth and Adolescents. Invitational workshop presented at Nueces Center for Mental Health and Intellectual Disabilities NCMHID Youth Services on January 7th, 2019.
- Ikonomopoulos, J.** (2018, October) Integrating Sandtray with Narrative Therapy. Invitational workshop presented at the Nueces County Juvenile Justice Center on October 20th, 2018.
- Ikonomopoulos, J.** (2018, May) Cognitive Behavioral Therapy with Youth, Adults, and Families: The Counseling Process from Start to Finish. Invitational workshop presented at the Bayview Behavioral Hospital Breakfast Serial on May 25th, 2018.
- Ikonomopoulos, J.** (2016) Facilitating parent-child trauma focused-CBT sessions. Invitational workshop presented to counseling graduate students at Texas A&M University-Corpus Christi, Corpus Christi, TX.
- Ikonomopoulos, J., & Cavazos, J.** (2016, April). Solution Focused Therapy for Treating Anxiety Disorders. Faculty Seminar presented at the University of Texas Rio Grande Valley, Brownsville, TX
- Cavazos, J., **Ikonomopoulos, J.** (2015) Career day: The roles of counselors and professors. Invitational workshop presented to elementary school children 3rd through 5th grade, Vermillion Elementary, Brownsville, TX.
- Ikonomopoulos, J.** (2015, January). *Career day: The counseling profession*. Invitational workshop presented to incarcerated adolescents, Corpus Christi, TX.
- Ikonomopoulos, J.** (2014, September). *Site supervisor training and orientation*. Workshop for School and Community Site Supervisors, Brownsville, TX.
- Ikonomopoulos, J.** (2014, June). *Using cognitive-behavioral therapy in a school setting*.

Invitational Workshop for School Counselors, San Benito, TX.

Cavazos, J., & **Ikonomopoulos, J.** (2014, June). *Using research and assessment to inform school counseling practice and accountability.* Invitational Workshop for School Counselors, San Benito, TX.

Ikonomopoulos, J. (2014, January). *Narrative Therapy: What's Your Story?* Invitational Faculty Seminar Presentation, Brownsville, TX.

Ikonomopoulos, J. (2012, January). *Crisis Assessment and Intervention Services.* Invited Workshop for School Counselors, Corpus Christi, TX.

Ikonomopoulos, J. (2012, January). *Mental Health Services for Elementary School Children.* Invited Workshop for School Counselors, Corpus Christi, TX.

Ikonomopoulos, J. (2012, March). *Anger Management Training Workshop.* Invited Workshop for training practicum and internship counseling students at the Texas A&M University Counseling and Training Clinic, Corpus Christi, TX.

Ikonomopoulos, J. (2012, April). *Youth At-Risk: Perceptions from Mental Health Professionals.* Session presented at the 6th Annual Graduate Scholarly Works Symposium, Texas A&M University-Corpus Christi.

Smith, W. D., **Ikonomopoulos, J.**, & Cavazos, J. (2012, April). *How to get into a competitive counselor education doctoral program: Students' perspectives.* Invited presentation for the Counseling Guidance Student Association at the University of Texas at Brownsville, Brownsville, Texas.

Professional Service

Dissertation Projects

Elizabeth Marie Hernandez (TAMUCC)	<i>A QUANTITATIVE INVESTIGATION ON THE PREDICTABILITY OF EXPOSURE TO PRO-ALCOHOL RELATED MARKETING ON SOCIAL MEDIA, ADVERSE CHILDHOOD EXPERIENCES, AND PEER PRESSURE ON DRINKING BEHAVIOR</i>	Committee Member	In progress 2022
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Felicia Y. Green-Johnson (TAMUCC)	<i>The Relationship between Ego-Resiliency, Social Support, and Religiousness/Spirituality of African American Students Who Attend Non-Historically Black Colleges and Universities</i>	Committee Member	In progress 2022
Jesusa Elena Jasso (TAMUCC)	<i>THE LIVED EXPERIENCES OF DOCTORAL-LEVEL STUDENT SUPERVISORS ADDRESSING THE WELLNESS OF COUNSELORS-IN-TRAINING SUPERVISEES</i>	Committee Member	In progress 2021
Wendy Rivera (TAMUCC)	<i>UNDERSTANDING MENTAL HEALTH PROFESSIONALS' PERSPECTIVE OF THERAPEUTIC ALLIANCE IN WORKING WITH UNACCOMPANIED CHILDREN: A GROUNDED THEORY APPROACH</i>	Committee Member	Completed 2022
Aras Yahyahan (TAMUCC)	<i>Experiences of Mentors Working with International Doctoral Students in CACREP-Accredited Counselor Education Programs: A Constructivist Grounded Theory Inquiry</i>	Committee Member	Completed 2022

Theses Projects

Student	Project Title	Involvement	Completion Date
Dion Smith (UTRGV)	<i>The Gratitude Questionnaire and Mindful Attention Awareness Scale for use with Latina/o college students: A confirmatory factor analysis</i>	Chair	Fall 2016
Sandra Rubalcava (UTRGV)	<i>Evaluating the Effectiveness of Rehabilitative Programming for Youth and Adolescents</i>	Chair	Spring 2017
Krystal Ortega (UTRGV)	<i>Evaluating practicum student's' therapeutic effectiveness using solution focused brief therapy with Mexican American clients: A single case design</i>	Chair	Fall 2016
Jorge Rostro (UTRGV)	<i>An Exploratory Investigation of Tele-Counseling: Looking at the Power of Therapeutic Alliance in Improving Wellness Ratings</i>	Committee Member	Fall 2015

Dissertation Project

Emily Belser (TAMUK)	<i>Behavior and Supplemental Feed Consumption Patterns by White-tailed Deer in South Texas as Affected by Population Density and Feeder Density</i>	Committee Member	Summer 2019
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Texas A&M University-Kingsville

Member, Electronic Platform for Faculty Reporting Search Committee

The Division of Academic Affairs

September 2016- August 2017

College of Education and Human Performance

TAMUK/Amistad Internal Planning Meeting Member

Spring 2018

Hidalgo County Sheriff's Office/Training Academy & Diocese of Brownsville Health Ministry PTSD and Mental Health Program

Department of Educational Leadership & Counseling TAMUK

CACREP Liaison

March 2018 – June 2020

Counseling Program Assessment Coordinator

September 2017 – June 2020

Member, Counseling Program Search Committee

September 2017 – June 2020

Member, Counseling Program Practicum and Internship
Field Experience Committee

September 2017- June 2020

Member, Counseling Program CACREP Committee

September 2017- June 2020

Student Advisement at TAMUK

Dr. Ikonopoulou had advised approximately 30 students during the Fall 2018- Fall 2019 academic year.

Recruitment Efforts at TAMUK

Dr. Ikonopoulou created and posted flyers around campus inviting students to contact counseling faculty if they have an interest in the graduate program, and the counseling profession.

Dr. Ikonopoulou also created an e-mail and sent it to students from the registry at the TAMUK Office of Institutional Research who recently graduated from TAMUK inviting students to contact counseling faculty if they have an interest in the graduate counseling program, and the counseling profession.

August 2018, Dr. James Ikonopoulou participated in the career fair on campus and recruited students who had an interest in the graduate counseling program.

Organizational Affiliation

Association for Counselor Educators and Supervisors	August 2017 - 2019
Association for Assessment and Research in Counseling	August 2016 - Present
Texas Counseling Association	August 2017 – Present
Gulf Coast Counseling Association	July 2018 – Present
National Association for Rural Mental Health	August 2018 - 2019

Professional Organizations

President <i>Gulf Coast Counseling Association</i>	June 2020 – Present
Reviewer for <i>Journal of Counseling Outcome Research and Evaluation</i> <i>Association for Assessment and Research in Counseling</i>	September 2019- Present
President-Elect <i>Gulf Coast Counseling Association</i>	June 2019 – June 2020
Legislative Liaison <i>Gulf Coast Counseling Association</i>	June 2018 – June 2019
Member, Bylaws Committee <i>Gulf Coast Counseling Association</i>	June 2018 – June 2019

College of Educator Preparation and P-16 Integration UTRGV

Member, College Council	September 2016 – August 2017
Member, Assessment Committee	September 2016 – August 2017

Department of Counseling UTRGV

Clinical Mental Health Field Experience Coordinator	Spring 2016 – August 2017
Chair, Counseling and Guidance Department Assessment Committee <i>University of Texas Rio Grande Valley</i>	Fall 2016-August 2017
Member, Counseling Department Search Committee	September 2016- August 2017
Member, Counseling and Guidance Department Assessment Committee <i>University of Texas Rio Grande Valley</i>	Fall 2014-Fall 2016

Member, Counseling and Guidance Department Practicum and Internship Fall 2016- Aug 2017
Field Experience Committee
University of Texas Rio Grande Valley

Program Coordinator Fall 2015 – Fall 2016

Member, NCATE Standard 5 Faculty Qualifications Committee,
Department of Educational Psychology and Leadership Studies Spring 2014-Fall 2015
University of Texas at Brownsville

Other Service, Training, and Professional Activities

How to Write a CACREP self-study. Training completed for 6 NBCC continued education units.
Completed in Arlington, Virginia on October 24th, 2018. October 2018

Anxiety Disorders. Training completed for 6 NBCC continued education units. Completed
online at www.netce.com September 2018

Ethics for Counselors. Training completed for 6 NBCC continued education units. Completed
online at www.netce.com September 2018

Medical Marijuana and Other Cannabinoids. Training completed for 3.5 NBCC continued
education units. Completed online at www.netce.com September 2018

TCA Summer Leadership Training June 2018

Cognitive Behavioral Therapy with Youth, Adults, and Families-The Counseling Process from
Start to Finish. Bayview Hospital Breakfast Serial May 2018

Wellness for All: Culturally Relevant Relational Strategies that Heal. Bayview Hospital
Breakfast Serial January 2018

New Faculty Investment Program TAMUK Fall 2017 & Spring 2018

Distance Education Flash Training December 2017
Texas A&M University-Kingsville
Aleyda J. Cantu

Social and Behavioral Research CITI Training September 2017

Export Controls & Embargo Training - Basic Course TrainTraQ October 2017

FERPA TrainTraQ October 2017

Reporting Fraud, Waste and Abuse TrainTraq	October 2017
Creating a Discrimination-Free Workplace TrainTraq	October 2017
Ethics TrainTraq	October 2017
Information Security Awareness TrainTraq	October 2017
The Texas A&M University System: A Culture of Service - EOD	October 2017
Required Emergency Alert System Notification	September 2017
TAMUK Travel Policies, Resources, and Best Practices	September 2017
Trauma Focused Cognitive Behavioral Therapy (TF-CBT) Training	March 2013
Counselor Education Research Consortium <i>Texas A&M University-Corpus Christi President</i>	2012-2013
Counselor Education Research Consortium <i>Texas A&M University-Corpus Christi President-Elect</i>	2011-2012
Behavioral Health Center of Nueces County <i>Joint Commission Accreditation Committee</i>	2012
Texas Career Development Association <i>Publications Committee</i>	2011-2012
Behavioral Health Center of Nueces County <i>Clinical Records Committee</i>	2011-2013

Fellowship and Research Experience

Elite Fellowship-Research Assistant	February 2012- April 2012
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Organizational Affiliation

Association for Counselor Educators and Supervisors	August 2017 – August 2018
Association for Assessment and Research in Counseling	August 2016 - Present
American Education Research Association	January 2015- January 2016
American Counseling Association	March 2011- Present

National Career Development Association	March 2011- 2012
Texas Counseling Association	June 2013 – Present
Texas Career Development Association	September 2010- 2012
Texas Mental Health Counselors Association	June 2010- 2013
Gulf Coast Counseling Association	April 2012- Present

Awards/ Honors

Core Outstanding Research Award (AARC) Association for Assessment and Research in Counseling	2021
Outstanding Employee Award (Behavioral Health Center of Nueces County)	2013
Outstanding Mental Health Counselor Award Rio Grande Valley Counseling Association	2012
College of Education Doctoral Scholarship \$1,500	2012
Outstanding Employee of the Year Award (Behavioral Health Center of Nueces County)	2011
Outstanding Service Award (Behavioral Health Center of Nueces County)	2010
Outstanding Employee Award (Behavioral Health Center of Nueces County)	2010

References

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